
Course Outline – Revised Oct 4/21

INSTRUCTOR: Kelly Cooper

OFFICE HOURS: 12-1 Room A2101

LOCATION: Ayamdigut Campus

METHOD: Synchronous

E-MAIL: Kelly.Cooper@yukonu.ca

TIME: 1:00 pm- 3:50 pm

TELEPHONE: HEHS office 867.668.8845

DATES: Mondays Sept. 13 to Dec. 6 & Wednesday Dec. 8

COURSE DESCRIPTION

This course considers the social work practice, research, legislation and policy with older adults. It will explore issues affecting those living in the community as well as those residing in group or institutional care settings, and the role of family and community supports.

COURSE REQUIREMENTS

Prerequisite(s): admission to the BSW Program

EQUIVALENCY OR TRANSFERABILITY

Receiving institutions determine course transferability. Find further information at:

<https://www.yukonu.ca/admissions/transfer-credit>

YUKON FIRST NATIONS CORE COMPETENCY

Students who successfully complete this course will have achieved core competency in knowledge of Yukon First Nations. By the end of this course, students will have greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination. For details, please see www.yukonu.ca/yfnccr

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

1. Develop an understanding of the social, physical, physiological and cultural implications of aging in Yukon and Canada.
2. Review social work skills to address individual, family, community and societal issues of aging.
3. Recognize social work practice, research, education and policy activities through an anti-oppressive lens.
4. Develop insight into ethical and legal issues that may impact the health and well-being of older adults.
5. Understand how abuse, transportation, housing, economic security, social isolation and ageist attitudes impact the aging process.

6. Recognize the diversity in the aged population and to be able to identify relevant social work issues/opportunities in working with different groups and cultures

COURSE FORMAT

Weekly breakdown of hours:

Activity	Estimated Time
Class room instruction	170 minutes
Weekly readings	100 minutes
Assignments (varies weekly)	100 minutes
TOTAL - per week	370 minutes (aprox 6.5 hours)

Delivery format

Face to Face

SW 416 Assignments

#1 Class participation and media awareness (15%). By November 15th each student is to bring **one media item** (magazine, newspaper, announcement, internet blog) related to the subject of aging and facilitate a 10 minute discussion of its significance. A copy of the article must be submitted to the instructor on the day it is presented.

#2 Journal Critique (15% 3-4 pages). Students are to select a periodical related to aging and prepare a brief essay and comment on: what drew you to this topic, the research strengths and limitations and implications this has for the Yukon's aged and service providers through an anti-oppressive lens. Due: Oct 18/21

#3) Age Friendly Environmental Scan (15% 3-4 pages). Students will visit a public building where an older adult would frequent for services in Whitehorse and scan its overall age friendliness and recommend changes to make it more friendly. Students are also to review the services website. Site selection is due Nov 1nd, the paper is due Nov 15th and the class presentation (10 minutes) occurs on Nov 22nd.

#4 Term Paper (30% 10-12 pages). Students research a topic on aging and apply theories and knowledge gained through the course. You are to use a minimum of 10 cited references of which half must have been published in the last 8 years. Papers are to be double spaced and utilize APA referencing. You are to include an introduction, description of the issue (historically, statistically and scope of the problem). Review how it impacts Canadian and the Yukon's aged using an anti-oppressive lens. Critique the research and include your opinion supported by the literature and provide recommendations and a conclusion. Topic selection approval is required by Nov 8th and the paper is due Nov 29th.

#5 Final Exam (25% - short paragraph answers).

EVALUATION

#1 Class Participation & Media Article	15 %
#2 Journal Critique	15 %
#3 Age Friendly Environmental Scan	15 %
#4 Term Paper	30 %
#5 Final Examination	25%
TOTAL	100%

COURSE WITHDRAWAL INFORMATION

Last date of withdrawal for this course without academic penalty is Friday, November 5th, 2021.

TEXTBOOKS & LEARNING MATERIAL

Required textbook:

Hulko, W., Brotman, S., Stern, L., Ferrer, I. (2020). Gerontological Social Work in Action - Anti-Oppressive Practice with Older Adults, their Families, and Communities. Routledge.

Additional Readings are assigned from the Canadian Journal on Aging (CJA) and the Clinical Gerontologist (CG). Hard copies available on reserve and/or links provided via Moodle.

References on Reserve:

Chappell, N., McDonald, L., Stones, M. (2008) (2nd ed) Aging in Contemporary Canada. Pearson/Prentice Hall.

Green, R., Cohen, H., Galambos, C., Kropf, N., (2013) Foundations of Social Work Practice in the Field of Aging – A Competency Based Approach. National Association of Social Workers.

McInnis-Dittrich, K. (2020) (5th ed) Social Work with Older Adults - A Biopsychosocial Approach to Assessment and Intervention. Pearson.

Novak, Mark., Northcott, Herbert., Campbell, Lori. (2018) (8th ed) Aging and Society: Canadian Perspectives. Nelson Thomson Learning.

Wister, A., (2019) Aging as a Social Process – Canada and Beyond. Oxford.

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations by contacting the Learning Assistance Centre (LAC): LearningAssistanceCentre@yukonu.ca.

WEEKLY TOPIC OUTLINE:

1) Ageism and Population Aging - Sept 13/21

- Introduction and overview of the course
- Chap 1 Hulko
- Ageism Quiz

2) Theories and Research - Sept 20/21

- Chap 2 & 12 Hulko

3) Diversity and Policies - Sept 27/21

- Chap 5 & 6 Chappell
- CJA Article: Staying out of the closet. 37(1):22-31 (2018).

4) Cognition and Mental Wellness - Oct 4/21

- Chap 7, 8 & 9 Hulko

Oct 11/21 THANKSGIVING - NO CLASS but reading assignment is Chap 6 Hulko

5) Families and Caregiving - Oct 18/21

- Journal Critique due
- Elder Project Guest Speaker
- Chap 6 Hulko
- CG Article: Cancer Bereavement and Depression Symptoms in Older Spouses. Vol 44, No 2. 126-132 (2021).

6) Families and Caregiving - Oct 25/21

- First Nations Guest speaker

7) Health - Nov 1/21

- Review Age-Friendly Rural and Remote Communities: A Guide and site selection
- Read Yukon Health Status Report – Focus on Seniors, 2018
- Intro to Psychosocial Assessments
- Chap 11 Hulko

8) Addictions - Nov 8/21

- Term paper topic approval
- CG Article: Exploring New Use of Cannabis. Vol 44, No 1. 25-31 (2021).
- Chap 5 Hulko
- Grief/MAID

9) Abuse and Neglect - Nov 15/21

- Chap 4 & 10 Hulko
- Age friendly paper due
- Guest Speaker

10) Housing and Transportation- Nov 22/21

- Age Friendly presentations
- Guest speaker
- CJA Article: Personal and Clinical Factors Associated with Older Drivers' Self- Awareness of Driving Performance. 40 (1) 82-96 (2021).

11) End of Life Issues - Nov 29/21

- Chap 12 Wister (p 410-420)
- Term paper due
- Guest speaker

12) Work, Retirement and Pensions - Dec 6/21

- Chap 14 Chappell
- CJA Article: The Unbearable Lightness of being Retired. 38 (1) 21-34 (2019).

13) Review - Dec 8/21 (WEDNESDAY – make up class)

14) Exam (TBA - likely Dec 13/21)